

# FACILITY USE BY AGE

## AQUATICS CENTER GUIDELINES



Members must scan in at the front desk upon entry to the facility.  
Guest members may purchase a daily pass, and those age 18+ must provide a government issued ID.

Age	Family Pool	Lap Pool	Therapy Pool	Deep End Test
0-5	Parent must be in the water with child	 *Unless on the Champaign County HEAT Swim Team	*Are allowed when in specific programs.  Ex. Water Bugs (6 months-6 years)	<p><b>Any child under 14 must pass the Deep End Test for permission to:</b></p> <ul style="list-style-type: none"><li>Go into the Family Pool Lap Lanes - Deep End</li><li>Swim in the Lap Pool</li></ul> <p><b>Requirements to pass the Deep End Test:</b></p> <ul style="list-style-type: none"><li>Jump into deep water and return to the surface</li><li>Tread water for 30 seconds</li><li>Transition from treading water to swimming on front</li><li>Continuously swim 20 yards on front</li><li>Exit the pool without using a ladder or steps</li></ul> <p><b>Please note:</b></p> <ul style="list-style-type: none"><li>Individual taking test must complete all skills independently, in order, without touching the sides or bottom.</li><li>Deep End Test is administered by a Lifeguard during Family Open Swim.</li><li>One attempt for Deep End Test allowed per day.</li></ul>
6-9	Parent must be in the water with child <b>PASSED SWIM TEST</b> → Parent must be attentive on pool deck at all times	<b>MUST LAP SWIM</b> Parent must be in the water with child <b>PASSED SWIM TEST</b> → Parent must be attentive on pool deck at all times		
10-11	Parent must be attentive on pool deck at all times	<b>MUST LAP SWIM</b> Parent must be in the water with child <b>PASSED SWIM TEST</b> → Parent must be attentive on pool deck at all times		
12-13	May use pool independently	<b>MUST LAP SWIM</b> <b>PASSED SWIM TEST</b> → May use pool independently		
14+	May use pool independently	<b>MUST LAP SWIM</b>  May use pool independently	May use pool independently	

For questions about facility usage and age guidelines, stop by the Member Services Desk or call 217.359.9622

# FACILITY USE BY AGE

## WELLNESS CENTER GUIDELINES



Members must scan in at the front desk upon entry to the facility. Guest members may purchase a daily pass, and those age 18+ must provide a government issued ID.

Age	Wellness Center	First Floor	Child Watch, Kids Club & Hangout Availability
0-5		May use with an adult age 18+	<b>CHILD WATCH (6 weeks-10 years old)</b> <b>Monday-Friday:</b> 7:30am-11:30am & 4:00-7:30pm <b>Saturday:</b> 7:30am-12:00pm <b>Sunday:</b> 1:30pm-5:00pm Child Watch is a free service for members, offered for 90-minutes per family per visit. Child Watch is first come, first served, limited to 50 children.  <b>KIDS CLUB (7-11 years old)</b> <b>Monday-Friday Evenings:</b> 4:00pm-7:30pm <b>Saturday:</b> 8:00am-12:00pm <b>Sunday:</b> 1:30pm-5:00pm *Kids Club is open Monday-Friday from 7:30am-11:30am when Unit 4 is out of school.  <b>HANGOUT (10+ years old)</b> <b>Monday:</b> 4:00pm-7:00pm <b>Wednesday:</b> 4:00pm-7:00pm <b>Saturday:</b> 12:00pm-4:00pm
6-9		May use with an adult age 18+	
10-11		May use independently	
12-13	May use with parent/ guardian supervision	May use independently	
14+	May use independently	May use independently	

### CHILD WATCH POLICIES

- Please keep your phone on and accessible for emergencies or diaper changes. If we can't reach you, we'll announce it over the building's speaker system.
- Child Watch staff use positive reinforcement and redirection.
  - Parents/ Guardians are asked to wait at the door when dropping off/ picking up child(ren).
  - Drop-offs and pick-ups must be by an individual 18 years or older.
  - Child Watch staff do not change diapers. You will be contacted in the event a change is needed.
  - You must stay in the building or inform staff if attending an outdoor YMCA class or event.

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