



FACILITY USE AGE GUIDELINES

**10 +
years**

Facility use is open to members and guests age 10 and up without a parent on the first floor.

**0-9
years**

Youth under age 10 may use the facility if accompanied by an adult (age 18 and older) & can only use the facility on the first floor.

**6 weeks-
10 years**

Child Watch is available for members and guests age 6 weeks to 10 years for up to 90 minutes as long as guardian stays in the facility.

WELLNESS CENTER AGE GUIDELINES

**14 +
years**

Ages 14 and older may use Wellness Center on their own, including the free weight area and group fitness classes.

**12 +
years**

You must be age 12 or older to enter the Wellness Center or participate in group fitness classes with a parent/guardian.

POOL AGE GUIDELINES

**14 +
years**

Ages 14 and older may use the lap pool, family pool and therapy pool.

**10-13
years**

Ages 10-13 may use the family pool with a parent/guardian on the pool deck at all times.

**0-9
years**

Ages 9 and under may use the family pool with parent/guardian in the pool with them at all times.